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The Porticos of Prescription: An Overview of the Most Popular Methods of Prescription

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Abstract-

In homoeopathy, the skill of prescribing medication is paramount. I find it utterly enchanted. Using terms like "art" and "magic" does not mean that I want to discourage one of the most scientific methods of therapy, which may be the only way to find a fix. The only difference is that it seems to be more than just a prescription because of how painstakingly it was created. The homoeopathic principles, such as "the patient in disease rather than the disease in the patient," are still not well-understood or accepted by the medical establishment. We owe a great debt of gratitude to the Organon's painstaking research that began with the master himself and has provided us with a reasonable understanding of homoeopathic principles.

Key word: Porticos, Homeopathy; Prescription, Organon, Cure, organopathic, Miasm

Introduction-

Despite the fact that other homoeopathic traditions have emerged, each claiming to have discovered the one true prescription, they all ultimately adhere to the formula that the master himself put down. As is well-known, the most important variables for success in clinical practice are the physician's labors supported by scientific knowledge acquired over years of hard work. Among them include case taking as an art form, a extensive familiarity with homoeopathic principles, a wealth of readily available information on materia medica, and, most

importantly, a variety of high-quality homoeopathic medicines is available. Each instance requires careful consideration before analysis and evaluation can be made. Even among people with the same disease, no two cases are ever identical. Once all the symptoms have been categorized and reviewed, a final "clinical picture" is created. and accordingly the remedy and posology are decided upon.

Here are a collection of different paths that are observed in the clinical day to day practice for arriving at the prescription.

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1. **Classical Homoeopathic Prescription or Constitutional Prescription**

Master Samuel Hahnemann has given three approaches to the same effect; these are

- I. Wholistic approach,
- II. Individualistic approach and
- III. Bedside approach.

2. All of these, either alone or together, aid the doctor in deciding on the medication. In the traditional technique, or the one taught and practiced by the master, all of the symptoms are considered, particularly those that are specific to the situation. Twelve, eight. A different name for it is constitutional prescription. The patient's mental, physical, and social components make up the patient's constitution. With proper execution, this prescription has the potential to bring about the desired outcome. When it comes to homoeopathy, this is the prescription that patients seek out the most. The goal is to promote healing on several levels, including the physical and the spiritual. It has been noted that this kind of prescription not only cures the patient, but also makes them more resistant to illness. For the sake of the patient and the doctor, it takes a lot of time and patience.

3. **Acute Prescription** - In the course of day to day clinical practice there will always be some patients who come in for an occasional prescription for allaying their acute symptoms that have just occurred in the course of their ongoing homoeopathic treatment. Most times

these have a rapid onset, showing intensity and response over a short duration of time. Some are somewhat self-limiting in nature. But the intensity of symptoms call in for an acute prescription. The common acute diseases are sudden diarrhoea, most acute infections, common cold, sneezing, otalgia, etc. in most of these cases one may not find many peculiar symptoms that lead to a singular similimum. In such cases it necessitates to look towards the objective signs, keynotes and the aetiology to form the prescription. An example of such an acute prescription is the use of *Arnica* for falls, blows, bruises, sprains and lacerations.

4. **Prescription in cases of epidemics**

The master has recognised that in the cases of epidemics⁷ there is a single or a group of symptoms that have occurred in a population which manifest a remarkable similarity in every patient. In such cases it may be observed that a single case may not exhibit all the symptoms of that particular epidemic. It may be prudent thus to collect the complete picture from a group of individuals and then collectively undertake the repertorisation. By doing so, it may be possible to arrive at one or two remedies effectual for all the patients of that epidemic. Dr Samuel Hahnemann has asserted that sufferers

well to such prescription.

5. **Keynote Prescription** - The word

theme. The word is common in the language of music and also in the faculty of Homoeopathy. It has been a vital part of many a prescriptions. According to Dr H.C. Allen⁹, “the keynote is the characteristic of the remedy which individualises the case and this is something that is peculiar, uncommon, or sufficiently characteristic in the confirmed pathogenesis of a polycrest remedy. The keynote is the „red strand of the rope.”” In these prescriptions a thorough knowledge of *Materia Medica* is a must. The art of keynote prescription is a subtle one. Based on the competence and adeptness of the consulting physician, a keynote prescription may be scientific, artistic or intuitive.

6. **Inter-current prescription**

While treating any patient in disease there come the instances where there is a need to allay any acute disease or to accelerate the mode of cure. Sometimes there arises a need to remove some hindrances called as miasmatic blocks⁹. Dr Hahnemann introduced acute and chronic intercurrent remedies in his first organon in 1828. The purpose of these remedies is to attain a desired result when a carefully selected homoeopathic remedy has not given it. The remedies given in an acute condition so as to manage an acute crisis in the midst of a chronic case are named acute inter-current remedies. The remedies administered to treat suppressions and other such obstacles to cure are termed chronic inter-current remedies. In the books of *Materia Medica*, common intercurrent remedies are mentioned in relation

keynote literally means a prevailing tone or central the medicines.

Miasmatic Prescription - The concept of miasms and the chronic disease have been discussed in details by the master. Miasms³ are basically the inherent and the most notorious causes of the disease state. They predispose the individual towards a group of symptoms which occur commonly in these miasms. The miasms could actively or passively cause a disease state. It is believed that a few disease conditions that are inherited could be due to the miasm and they are propagated in progeny. There is a list of anti miasmatic⁴ remedies that a physician may choose from according to each individual.

There are a whole lot of other prescriptions such as the likes of nosodic¹ prescription, sarcodic prescription, organopathic prescriptions, pathological prescriptions, palliative prescriptions and a lot more which are beyond the scope of this article.

Conclusion

Homoeopathy, the gift that the Master gave to humanity, is an unending service. It has grown, it has healed, and it will keep growing. Over the years, several writers have contributed their own distinct perspectives via various prescribing and understanding approaches. A small number of homoeopathic pupils have discovered some measure of comfort. Nothing beats seeing a patient recover, thus they have all been successful to varying degrees.

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